



Texas Integrative Medicine

3006 Bee Cave Rd, Suite A300, Austin, TX 78746
Phone: (512) 800-5309 Fax: (512) 367-5975

Consent for Acupuncture and Naturopathic counseling

Non-Physician Status: I understand that Becky Andrews ND, LAc is not a licensed physician in the state of Texas. She does not diagnose or treat disease, she does not prescribe medications, order testing or imaging, and does not engage in the practice of medicine in Texas.

Current Medical Care: I understand that I must be under the care of a Texas licensed physician for any illnesses or conditions I may have before receiving acupuncture or naturopathic services. Texas state law permits acupuncture for pain, weight loss and substance abuse without prior evaluation by a physician.

I must consult a physician regarding:

- Diagnosis and recommended treatment of any disease or injury
- Medications: initiating, discontinuing or altering medications
- Lab testing: ordering and interpreting diagnostic labs or imaging tests. Laboratory testing may be recommended for screening purposes only and does not constitute a diagnosis of any medical condition. It is my responsibility to follow up with a medical doctor if any of the lab results are abnormal.
- Emergency / After hours care: Becky Andrews ND, LAc / Texas Integrative Medicine does not provide emergency or after-hours care. In the event of an emergency, I will dial 911, or proceed to the nearest emergency room or urgent care center.

Naturopathic consultation: I understand that services offered by Becky Andrews ND, LAc are limited to holistic review of health patterns, and offering general wellness advice regarding diet, lifestyle, and food grade dietary supplements. Wellness recommendations are given to enhance overall health, and are not given to treat specific disease or condition.

Acupuncture and Chinese medicine treatments may include: Application of single use, sterile acupuncture needles, electro acupuncture, moxabustion, cupping, and use of infra-red heat lamp.

Potential Benefits: Restoration of health and the body's maximal functional capacity; relief of pain and symptoms of disease, assistance in injury and disease recovery, and prevention of disease or its progression.

Potential risks:

- **Acupuncture and Chinese medicine:** Pain, discomfort, blistering, discolorations, infection, burns, loss of consciousness or deep tissue injury from needle insertions, topical procedures, heat or frictional therapies, and aggravation of pre-existing symptoms.
- **Supplementation:** are allergic reactions, paradoxical reactions to supplements or herbs, and drug-supplement or drug-herb interactions. Although there is a growing body of information regarding such interactions, I understand that not all interactions are known at this time.

Pregnancy: I understand that some acupuncture, herbs or supplements can present a risk to pregnancy. I agree to alert my practitioner if I suspect that I may be pregnant. We do not use labor-stimulating acupuncture points or any labor-inducing substances unless the treatment is specifically for the induction of labor. A treatment intended to induce labor requires a letter from a primary care provider authorizing or recommending such a treatment.

I understand that I may ask questions regarding my treatment before signing this form and that I am free to withdraw my consent and to discontinue participation in these procedures at any time. With this knowledge, I voluntarily consent to the above, realizing that no guarantees have been given to me by Dr. Andrews or Texas Integrative Medicine regarding cure or improvement of my condition. I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by my representative or me or otherwise permitted or required by law.

Patient (PRINTED)

Patient Signature

Date

Becky Andrews ND, LAc

Pursuant to the requirements of 22 TAC §183.7 of the Texas State Board of Acupuncture Examiners' rules governing the practice of acupuncture, patients must have been evaluated by an MD, DO or Dentist for the condition being treated within 12 months before the acupuncture was performed.

Patients may seek acupuncture without prior medical evaluation for the following conditions:

- Pain
- Weight Loss
- Substance Abuse (NADA treatment)
- Smoking cessation (NADA treatment)

Please mark relevant information below:

I (patient's name) _____, am notifying Becky Andrews ND, LAc at Texas Integrative Medicine of the following:

- I am seeking acupuncture for:
 - Pain, weight loss, smoking cessation or substance abuse
- I have been evaluated by a physician or dentist for the condition(s) I would like to receive acupuncture for within the past 12 months.

My most recent evaluation was on (date) _____
- I have not been evaluated by a physician or dentist for the condition I would like to receive acupuncture for within the past 12 months.
- I recognize that I should be evaluated by a physician or dentist for the condition being treated by the acupuncturist. (initial)_____ Date: _____
- I have received a referral from my chiropractor within the last 30 days for acupuncture. I have given the dated referral to my practitioner.

My chiropractor's referral was made (date) _____
- I understand that after being referred by a chiropractor, if after two months or 20 treatments, whichever comes first, no substantial improvement occurs in the condition being treated, the acupuncturist is required to refer me to a physician. It is my responsibility and choice whether to follow this advice.

I understand these requirements, and attest that the above information is true and accurate.

Signature _____ Date _____