

**New Young Patient Health Questionnaire**

First Name: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_

Preferred Name/Nickname: \_\_\_\_\_  Female  Male

Date of Birth: \_\_\_\_\_ Place of Birth: \_\_\_\_\_

Are guardians/custodians biologic parents?  Yes  No

Other relation: \_\_\_\_\_

Child's genetic background:  African  Asian  European  Mediterranean

Middle Eastern  Native American  Other: \_\_\_\_\_

Primary Address Street/Apartment No.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Best phone to reach you: \_\_\_\_\_ Alternate: \_\_\_\_\_

Preferred email address to discuss your child's health: \_\_\_\_\_

How did you hear about our services? \_\_\_\_\_

If you wish us to communicate with other healthcare providers please provide contact information:

\_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address (if different): \_\_\_\_\_ Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address (if different): \_\_\_\_\_ Phone: \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_ City: \_\_\_\_\_

Compounding Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_ City: \_\_\_\_\_

What allergies or intolerances does the patient have to medications, airborne allergens, foods and chemicals?

---

---

What medications does she/he currently take? **(Please list: name, dosage, route and routine)**

---

---

What vitamins, herbs and supplements does she/he currently take? **(Please list: name, dosage, route and routine)**

---

---

What forms of therapy is she/he currently undergoing? \_\_\_\_\_

---

---

What meds, supplements and therapies were tried in the past? Please list:

---

---

Why discontinued? \_\_\_\_\_

---

---

What other health care provider has evaluated and treated the patient? \_\_\_\_\_

---

---

What, if any, "diagnoses" or explanations have you been given by them?

---

---

What formal testing has she/he had for the current problem?

---

---

If previously treated for Lymes provide detailed treatment (Rx name, route and administration, dose, durations).

---

---

If previously tested for Lyme, please attach/provide all results.

---

**Mother's History**

Why did you bring your child for our services? \_\_\_\_\_

---

Please list the 5 things you are most concerned about in your child:

---

---

When did you first suspect that your child was ill or not developing in a typical way?

---

---

When were you sure that your child was ill or not developing in a typical way?

---

---

Did you notice anything noteworthy around the time of onset that gives you reason to suspect it as a possible cause?

---

---

Was your pregnancy at all remarkable?(any injuries, illness, chemical exposures, severe stresses, etc)

---

---

Did anything about your baby seem unusual while you were pregnant? \_\_\_\_\_

---

Was there anything unusual about the labor and delivery of your baby? \_\_\_\_\_

---

Did your baby have problems as a newborn?(feeding difficulties/formula intolerance) \_\_\_\_\_

---

Was your child breast fed?     Yes    No

Please describe any developmental delays:

---

---

Has your child received their vaccinations as scheduled? Please describe any variance:

---

---

Other Comments or Concerns you have:

---

---

### **Educational History**

What is the patient's current grade level? \_\_\_\_\_ Is she/he homeschooled?     Yes    No

Does she/he participate in "special ed"?             Yes    No

### **Dietary History**

Is the patient on a special diet or are there foods that you do not allow her/him to eat? \_\_\_\_\_

---

Do you feel that your child has problems with his/her digestion? Please explain.

---

Is she/he a "picky" eater?      Yes    No

Please list the foods she/he likes to eat:

---

Is he/she on a special diet? Please explain:

---

Does she/he have excessive oral tactile sensitivity?      Yes    No

Can she/he take pills/capsules?      Yes    No

### **Environmental Exposures**

Any travel outside the US?      No    Yes: \_\_\_\_\_

Please list any exposure to potentially hazardous chemicals: \_\_\_\_\_

---

Any exposure to cigarette smoke?      No    Yes

Any exposure to well water?      No    Yes: \_\_\_\_\_

Has your child ever been exposed to a place (Home or school) where there was a musty odor, mildew, water leak or known mold growth? Please explain: \_\_\_\_\_

---

Please list all previous bites from Ticks or Chiggers, reaction to bite and date:

---

Is she/he especially sensitive to:      smells      sound      tastes      touch  
    visual stimulation      other: \_\_\_\_\_

### **Surgery**

Please list any surgical procedures the patient has had: \_\_\_\_\_

---

---

## Family History

Is there any history from parents, grandparents, aunts, uncles, brothers, sisters, or first cousins of any of the following:

- Addiction
- ADHD
- Alcoholism
- Asperger's syndrome
- Asthma
- Autism
- Autoimmune disease
- Arthritis
- Cancer
- Dementia
- Depression
- Diabetes
- Food allergies
- Heart attack
- Inflammatory bowel
- Irritable bowel
- Migraine
- Multiple sclerosis
- Obesity
- Panic disorder
- Parkinsons
- Psychiatric disorder
- Schizophrenia
- Seizures
- Severe allergies
- Stroke
- Suicide
- Thyroid disorder

## List of Symptoms in Past 60 Days

- Digestive:**
- Abdominal Pain
  - Belching
  - Constipation
  - Diarrhea
  - Flatulence
  - Food cravings
  - Heartburn/Reflux
  - No daily stool
  - Poor appetite
- Endocrine:**
- Early puberty
  - Growth delay
  - Sleeplessness/Insomnia
  - Weight gain
  - Weight loss
- Skin:**
- Big response to bugbites
  - Eczema
  - Fine bumps
  - Hives
  - Easy bruising
  - Excess itching/scratching
  - Perianal irritation
  - Poor wound healing
  - Rash
  - Unusual blushing/redness
- Heme/ Immune:**
- Almost always sick
  - Almost never sick
  - Bleeds excessively
  - Bruises easily/excessively
  - Frequent ear infections
  - Parasite
  - Seasonal allergies
  - Strep infections
  - Swollen glands
  - Unexplained fevers
  - Unusual infection
- ENT:**
- Cough
  - Dark circles under eyes
  - Decreased hearing
  - Dental problems
  - Dizziness
  - Ear ringing
  - Frequent nose bleed
  - Frequent sinus infection
  - Frequent sore throat
  - Imbalance

- Itchy eyes     Mouth breather     Red eyes     Shortness of breath
- Sinus infection     Sneezing     Snoring     Swollen eyes
- Wheezing

**Neurological:**

- Dyslexia     Hand flapping     Headaches     Head banging
- High pain tolerance     High sensitivity     Increased pain tolerance
- Low pain tolerance     Low sensitivity     Migraines     Other pain
- Poor auditory processing     Poor coordination     Poor handwriting
- Poor muscle tone     Program speech     Seizure-like activity     Speech delay
- Staring spells/zone-outs     Tics     Toe walking     Trouble running
- Trouble walking     Uncontrolled movements     Vocal stims     Weakness

**Behavioral/Emotional:**

- Addiction     Aggression     Cravings     Depressed
- Discusses self-injury     Excessively anxious     Excessive tantrums     Fearful
- Fearless     Hyperactive     Inappropriate affection     Injures other
- Intellectually gifted     Limited play     Phobias     Poor eye contact
- Poor transition tolerance     Poor problem solving     Prefers solitude
- Repetitive play     Ritual/highly ordered behavior     Short attention
- Social aloofness     Social awkwardness     Threatens injury to others
- Unusual fears     Violent behavior     Very impulsive
- Violates personal space     Very easily distracted     Very short attention
- Video addiction     Very stubborn

**Speech:**

- Delayed speech     Does not talk     Echolalia/parrot-like speech
- High loudness variability     Hums to self     Nonsensical speech
- Poor speech     Sound deletion/substitution     Shrieks frequently
- Sings to self     Understanding     Very difficult to understand